

# Foster Parent Training: Behavioral Support Strategies for Children in Texas Foster Care

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## 1. Introduction to Behavioral Challenges in Foster Care

Foster children in Texas often enter care with a history of trauma, neglect, or abuse that can influence their behavior. Understanding the root causes of behavioral issues is essential to effective caregiving. Trauma-informed care emphasizes empathy, consistency, and proactive intervention. Foster parents must adhere to Texas Department of Family and Protective Services (DFPS) standards while using evidence-based strategies to support the emotional and behavioral development of children. This training guide outlines the behavioral challenges common in foster care settings and provides techniques to manage them through structured routines, clear expectations, and therapeutic collaboration.

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## **2. The Impact of Trauma on Behavior**

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## **3. Texas DFPS Expectations and Guidelines**

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#### **4. Positive Behavior Support Strategies**

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## **5. Working with Schools and Mental Health Providers**

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## **6. Documentation and Incident Reporting**

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## **7. Collaboration with Caseworkers and Service Teams**

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## **8. Case Studies and Best Practices for Behavior Management**

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